

### Sail Faster - Basic

Sail Faster – Basic is a first step towards sailing as a sport. Participants do not require previous sailing experience only the desire to experience the joy of navigation under sails, the force of the wind and the sea. In this course, we will push the sailing experience to a higher level then the usual sailing holiday.

## **Program**

The course is taking place from 01.03. - 01.12.

**Duration:** 3 days

Maritime zone: Otok Murter, Jezera (ACI marina)

#### Daily schedule:

• 9:00 - 10:00 Lecture

• 10:30 - 16:00 Sailing

• 17:00 - 18:00 Lecture

## **Seminar Themes**

#### Theory

- Learning about the parts of a sailboat
- Understanding the basic laws of physics that explain the movement of a sailboat
- Basics of navigation, using the map an GPS
- Basics of radiophony and communication in distress
- First aid
- Meteorology and winds on the Adriatic sea

#### **Practice:**

- Sailing in and out from the marina using the engine
- Using the sails, basics of the sail trim
- · Reefing the mainsail
- Crew work and manoeuvring during sailing
- Learning the tasks of each crew member in sailing crew
- Steering the sailboat
- Learnig basic knots

# Payment terms and conditions:

Price: **300 €** / person

Payment deadline: upon registration

#### **Price includes:**

- Sailing boat Beneteau First 35 (2011) with heating
- Deposit
- Lectures each day
- Dinghy, buoys, sailing videos for analysis

#### Price does not include:

- Food and drinks
- Tourist tax

## General terms and conditions:

Course will be held only if enough participants apply. In case there are not enough participants registered, SailCity retains the right to cancel this course. SailCity will refund any paid amount in case of cancelation.