

## Sail Faster – Strategy and Tactics

Sail Faster – Strategy and Tactics seminar is intended for recreational and sport sailors that are regularly participating in regattas. The main focus of this seminar is to improve strategical and tactical approach to a race. The ability to determine and choose the right race concept prior to the competition is crucial for good results (prestart period, the upwind leg and the downwind leg). Seminar is designed for existing sailing crews, but it is also possible to apply as an individual.

### Program

**The course is taking place from:** To be announced...

**Duration:** 3 days

**Maritime zone:** Otok Murter, Jezera (ACI marina)

**Daily schedule:**

- 9:00 - 10:00 Lecture
- 10:30 - 16:00 Sailing
- 17:00 - 18:00 Lecture

**VIDEO ANALISYS AFTER EACH DAY OF SAILING**

### Seminar Themes

- Approach to the race and preparation for the race
- Strategy during prestart period
- Tactics during prestart period
- Strategy during upwind sailing
- Tactics during upwind sailing
- Strategy and tactics during downwind sailing
- Racing rules of sailing

### Payment terms and conditions:

Price: **300 €** / person

Payment deadline: upon registration

**Price includes:**

- Sailing boat Beneteau First 35 (2011) with heating
- Deposit

- Lectures each day
- Dinghy, buoys, sailing videos for analysis

**Price does not include:**

- Food and drinks
- Tourist tax

## General terms and conditions:

Course will be held only if enough participants apply. In case there are not enough participants registered, SailCity retains the right to cancel this course. SailCity will refund any paid amount in case of cancelation.