

## Sail Faster – Spinnaker

Sail Faster – Spinnaker is a first step to mastering the spinnaker. This seminar is intended for recreational and sport sailors that are regularly racing in regattas, and for all sailors who want to tame the spinnaker. Participants require previous sailing skills. Preparing, hoisting, dropping and trimming the spinnaker are the main focus of this seminar. Of course, we will not forget the genoa and mainsail trim.

### Program

The course is taking place from: To be announced... Duration: 2-3 days Maritime zone: Otok Murter, Jezera (ACI marina)

#### Daily schedule:

- 9:00 10:00 Lecture
- 10:30 16:00 Sailing
- 17:00 18:00 Lecture

#### **VIDEO ANALISYS AFTER EACH DAY OF SAILING**

### **Seminar Themes**

#### Theory

- Crew organization and spinnaker manoeuvres
- Spinnaker trim
- Genoa and mainsail trim
- Racing rules of sailing
- Basics of the sailing strategy and tactics
- Flag signal code

#### Practice:

- Spinnaker preparation, hoisting and dropping
- Spinnaker trim
- Gybing with spinnaker
- Upwind and downwind mark roundings

# Payment terms and conditions:

Price: **300 €** / person Payment deadline: upon registration

#### Price includes:

- Sailing boat Beneteau First 35 (2011) with heating
- Deposit
- Lectures each day
- Dinghy, buoys, sailing videos for analysis

#### Price does not include:

- Food and drinks
- Tourist tax

# General terms and conditions:

Course will be held only if enough participants apply. In case there are not enough participants registered, SailCity retains the right to cancel this course. SailCity will refund any paid amount in case of cancelation.